



A new opportunity: International Junior Sailing Academy



International Junior Sailing Academy (www.ijsa.eu) in collaboration with EUROSAF (www.eurosaf.org), launches a new project to overcome the lack of high quality services in the junior sailing world. These services can be useful to federations, clubs and individual sailors across Europe. We offer innovative preparation programs that focus both on the academic and athletic level and can open up opportunities for students to enter american colleges participating in the ICSCA championships (collegesailing.org) and also access scholarships from these institutions.

The path of Olympic sailing is destined to few athletes (for quality and budget reasons) and many sailors abandon the sport completely between the ages of 17 and 25. The IJSA Team believes it is crucial to create new opportunities for young sailors also by offering scholarships for the College Placement program.

By creating an alternative to professionalism and opening a new, wider, path that leads to university sailing we are hoping to keep more and more of our young sailors in the racing environment! IJSA believes that informing and supporting all worthy athletes of the existence of university sailing circuits, such as College Sailing, that combine high level sports and academic programs is part of the future and will be a boost for the sport.



The academy is open to male and female sailors aged 10 to 18, the academic inclusion age for US colleges.

Students have to complete their search for the right college and decide where to apply by the third year of high school. Therefore, it is important to plan ahead of time in order to prepare an appropriate academic and athletic development program and be ready for the selection process.



At IJSA we want to stress the importance of the academic development not only to successfully complete our programs but also to develop into complete elite athletes. For this reason we require athletes to show the same commitment in sailing as in school and the Team includes a teacher that will periodically evaluate the athletes' academic progress.

The Academy aims to create an international learning environment, the main languages for the programs will be Italian and English with all instructors speaking at least 2 or 3 languages fluently to help in assisting all students.





THE COLLEGE PLACEMENT PROGRAM

One of the main objectives of the IJSA program is to guide students, with constant check-ups on racing activity and school progress, to continuing their sailing career in prestigious universities in the USA and around the world.

An initial overall evaluation by the IJSA Team, that will focus on specific requests, personality, long and short term academic objectives and sailing objectives, is the first step to lay out the student's specific plan. The personalised plan will be tailored to the situation and prepared in agreement with the student's family and Club or Federation. Both academic and sailing programs are designed specifically for the selection criteria of US colleges.

The program offers 2 clinics during the summer period that will focus on training on the water and 2 meetings in the winter with conferences and tests for athletes. It also includes the search for a college with the right fit for the student considering his/her goals and the academic and athletic level. The personalised plan will be constantly adapted to the changing requirements of the student and depending on his/her progress, always in agreement with the family, Club and Federation.

IJSA will keep the contacts with recruiters and coaches and assist the students in all steps of the college application process.

IL TEAM IJSA

Winning coaches and high-level athletes along with other important guests will provide a unique training experience for the young athletes.

CLAUDIO BRIGHENTI: project creator, General Manager and Head Coach at the Academy.

www.ijsa.eu/claudio.html

GIOVANNI CANAZZA: Business and Education Manager (graduated in both Italy and the USA) and Optimist racing coach.

www.ijsa.eu/giovanni.html

LUCA BURSIC: Specialized coach for single-handed dinghies and skiffs. Very experienced international junior coach, currently coaching for the Austrian Federation Olympic national team. Former Optimist World Champion.

www.ijsa.eu/luca.html

FEDERICA SALVÀ: Specialized coach for double-handed dinghies. Very experienced international coach for olympic and junior dinghies. Two times 470 Olympian.

www.ijsa.eu/federica.html

SANTIAGO LOPEZ: graduate degree in Sports Science; in charge of fitness and nutrition programs for the athletes.

CAMBRIDGE SCHOOL VERONA: in charge of english language preparation for college admission tests.

VERONICA MACCARI: US Level 1 instructor and former Optimist coach at Hampton Yacht Club.

The academy also collaborates with an **international umpire**, a **nutritionist** and a **sailmaker**.



LOGISTICS

International Junior Sailing Academy is located in Brenzone sul Garda and precisely hosted at CIRCULO NAUTICO BRENZONE, historic sailing club on Lake Garda, ideal spot for sailing and walking distance to gym and other sport facilities, the perfect place to improve and have fun!

IJSA is also collaborating with the highly renowned hotel GARDA FAMILY HOUSE. A quality hotel that offers a safe structure for students but also a comforting, nice place to relax and only meters away from the sailing club. Both Circolo Nautico Brenzone and Garda Family House provide fully-equipped classrooms for academic evaluations and a language lab to carry out the tests scheduled in the program.



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 SCHOOL OF ENGLISH

IJSA CLINICS

Clinics at IJSA are special training sessions with high level coaches that focus on the specific needs of athletes. The objective is to help athletes improve all aspects of their sailing and give the opportunity of training with high-level and olympic sailors and experienced coaches. The sessions include on the water training and classroom lessons with workshops on the rules of racing and rigging. For participants it is also a great opportunity to test themselves in one of the best training spots in the world, Lake Garda.



CONTACTS

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Where does the Lake Garda Academy project come from and what does it aim to achieve in the recent future?

The project was created to overcome some issues in the junior sailing world. I like the idea that any young high level sailor in Europe could, in the future, become an olympic athlete but also that he could have the opportunity to study, accessing specific scholarships, in the best universities on the planet. If through Eurosaf we have the power to support this and help inform sailors across Europe I think it is a great thing. For these reasons we thought of an Academy to satisfy this specific demand.

Marco Predieri

EUROSAF
President



@ijsasailing



International Junior Sailing Academy



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